



Kuk Sool Won™ of Dublin

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Dear Students and Parents

Winter Break is here and I hope you are enjoying this special time with your family and friends.

2017 has been a busy and productive year and we look forward to growing and learning together in the new year.

Please add all the important dates to your calendars.

Master Seyd Saidi

Seminar with the Grandmaster

The annual Seminar with Grandmaster In Hyuk Suh and other Masters from the Kuk Sool Won Headquarters was a huge success and besides the advanced skills training we welcomed several new black belts to add to the growing number already at our school.



Upcoming Events

January 2

School closes for Winter Break until Jan 2 when classes resume

February 10

Testing

February 24

Promotion

Winter Break!

Winter Break from Dec 24 – Jan 1.



It is always a delight to mark this occasion with our students. Congratulations to you all!

Little Dragons new enrolments

The Little Dragons classes which are specifically structured for younger children to learn the basics of martial arts have been great fun this year.

Most of our current students will be moving on to regular classes in January so a new round of enrolments for 3-5 year olds is on the way.



Enhance your personal safety

Adult Classes 7-8pm

Our adult classes are fun and challenging. It is never too late to learn Kuk Sool Won.

Little Dragons

Classes for 3-5 year olds on Saturday from 11-11:30am



Fall Fun Classes

We had some unusually attired students in class when they got to wear costumes during Fall and it was great to see the fun outfits and especially those who gave us all a surprise and a good laugh!



Food Drive

A special vote of thanks to everyone who contributed to our food drive! Donations were sent to the Alameda County Food Bank.



An author in our midst

It was a proud moment when congratulating student, Maya Poghosyan on the publication of her book, "The Flying Island". Her story included fight scenes utilizing her martial arts knowledge. Well done Maya!



Motivation

You get better when you train harder!



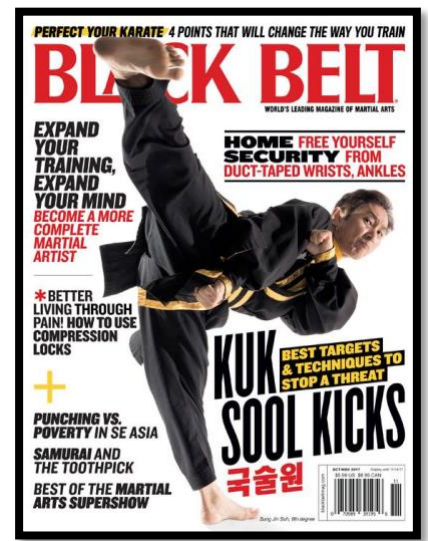
Practice

Positive attitude. Remarkable results.



Black Belt Magazine Feature

Kuk Sool Won has been featured in several issues of Black Belt Magazine including the latest issue!



Gift Exchange Party

Our Gift Exchange Party was crazy fun! Thanks to all those who participated and who helped to make the event memorable.



Visit us on Social Media

Our social media accounts have updates, notices, announcements, news and photos about the school. Stay connected and keep sharing what's cool about Kuk Sool!

Facebook

[Kuk Sool Won of Dublin](#)

Instagram

[Kuk Sool Won of Dublin CA](#)

Tag us in your photos with #kuksoolwonofDublin

Pinterest

[Kuk Sool Won of Dublin](#)

Take a look at our Pins!

Twitter

[@KSWofDublin](#)

Follow us!

Master Saidi's Message



As 2017 draws to a close we can reflect on our achievements and start goal setting for the new year.

When we begin with the end in mind it focusses our direction and allows us to make choices that keep us on the path to attaining the goals that are important to us.

It also helps to acknowledge the role of those who support us, so take some time to recognize individuals in your life who motivate you and assist you whether it be a parent, teacher or a training partner.

A list of important dates for 2018 has been circulated. Please add all the Testing and Promotion dates to your calendars.

Keep training and keep striving to be better than you were yesterday!

Sincerely

Master Saidi



Demo Team Training

First and Third Saturday of every month.

Black Brown Belt Training

First Saturday of every month

Black Belt Club

First Saturday of every month

Martial Arts Quotes

Mastery of self leads to mastery in martial arts.

